

FIND HIDDEN MONEY

in 20 Minutes



Subscription & Expense Audit

Rebuild Path on the **Midlife Map** by Project: Improve Me
Financial Freedom, One Step at a Time.

Why do a Subscription & Expense Audit?

Most of us are losing **\$50–\$100 every month** on subscriptions and recurring expenses we no longer use or need. That's money that could be going toward debt payoff, savings, or something you actually enjoy.

This quick audit helps you:

- Spot hidden costs
- Cancel what no longer serves you
- Redirect that money to what really matters

And the best part?

You can complete this in **20 minutes or less**.



Even cancelling one \$10/month expense saves you \$120 a year!

How to Use This Quick Win

1. **List:** every subscription or recurring expense (monthly, yearly, or automatic payment).
2. **Review:** Do I actually use this? Does it still serve me?
3. **Decide:** Keep, Cancel, or Adjust.
4. **Redirect:** Choose where your savings will go ~ debt, savings, or something fun?

Subscription & Expense Audit

[illegible]

Quick Reflection

How much money did you free up? \$ _____

Where will you redirect those savings?

- ☐ Emergency Fund
- ☐ Debt Payoff
- ☐ Retirement Savings
- ☐ Fun Purchase
- ☐ Other: _____

Keep the Momentum Going

This **quick win** is **Step 4 of the PIM Rebuild Path**:

1. Review Your Money Story
2. Track with Awareness
3. Build a Budget That Fits Your Real Life
4. ★ **Cut What No Longer Serves You**
5. Make a Realistic Payoff Plan
6. Create a Monthly Reset Routine

If you want the full 6-step system + Companion Google Sheet to make budgeting simple, grab the **Smart Solo Money Kickstart Bundle** for just **\$9**.

[Check It Out](#)

YAY!

*You just found hidden money in 20 minutes!
That's a win worth celebrating!*